Coronavirus Preventative Measures

Prevention is a priority! We will continue to focus on the following preventative measures as advised by the MD Department of Health <u>https://phpa.health.maryland.gov/Pages/Novel-coronavirus.aspx</u> and the CDC <u>www.cdc.gov/COVID19</u>.

Flu-like symptoms are fever, cough, and shortness of breath. In general, people can protect themselves and others against respiratory viruses by taking the following precautions:

- Wash your hands frequently with an alcohol-based hand sanitizer or soap & water for at least 20 seconds.
- Cover your mouth and nose while coughing or sneezing.
- Avoid close contact with people who are sick.
- If you are sick, stay home from work or school.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Practice good health habits.
- Clean and disinfect frequently-touched objects and surfaces.
- Get a flu shot. While the influenza vaccine does not protect against coronavirus infection, it can help keep you healthy during the flu season.

If there are concerns that a person in our school community might have been exposed to COVID-19, either through travel or by other means, we will follow the health department guidelines and reach out to the health department immediately for guidance.

The safety of our students and employees is our primary concern. The best prevention is to avoid being exposed to the virus. Student travel or school activities will be assessed and might be canceled due to an abundance of caution. It is important that we all focus on the continuance of learning for students who are at home and are planning accordingly.

We are closely monitoring all COVID-19 virus information and recommendations and will modify our response in compliance with the directives provided by the various health authorities and experts.